PUTTING FAMILIES FIRST PROGRAM

Helping families. Helping students.

Program Overview

Through the Putting Families First Program, teams of University of Florida students from different health professions make virtual (Zoom/phone) visits with volunteer families to help determine ways for the families to maintain or improve their health.

Students cover dental, medical, mental health, nursing, nutrition, pharmacy, physical therapy, rehabilitation, social support and animal health needs.

Volunteer Benefits:

- **Receive free health consultations with student health care professionals**
- **Share personal experiences and concerns about the health care system**
- **Assist in the education of health professions students**

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For additional information, visit education.health.ufl.edu or call 352.273.5320.

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Volunteer Requirements:

- Be available by Zoom or phone
- Meet with students four times throughout the year by Zoom or phone
- Provide students with feedback on health-related issues

What families like about the Putting Families First Program

"The contact with the students is personal. I feel comfortable talking with the students about my health and asking them if they wouldn't mind researching this or that for me."

"I participate in Putting Families First because UF Health is important to me. My family's been a part of it for many years. I think we all have an obligation to do what we can to support the university and it interested me."

"I get very few visitors and so having the students come to visit is a real delight and I look forward to it a lot."

"It's intriguing to talk with students about my medical history and to teach them about what it's like to be a patient."

"It's a learning experience for the students to get out into the community to see how people live. And for me, I've seen some positive changes in my physical health."

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